

GREENBANK COVID-19 RULES and GUIDANCE - AWAY TEAMS PLAYING AT NKOne

The following guidelines have been produced by The FA, Greenbank FC and One NK to support the return of grassroots football at OneNK. Any away team playing a match at OneNK must follow the rules and guidelines below:

- **ACCESS TO ALL AREAS OF THE SPORTS CENTRE IS NOT PERMITTED AT ANY TIME ON MATCH DAYS**
- **THE CAFÉ IS CLOSED INSIDE AND TOILETS ARE OUT OF BOUNDS. USE THE TOILETS WHICH ARE ACCESSIBLE FROM THE FIELD ONLY AND SHOWN ON THE SIGNAGE**
- **No changing rooms are available**
- **All teams MUST complete, prior to kick off, a team screening register and hand it to the Greenbank manager, for them to submit after the match**
- **No Dogs, Smoking, Vaping or Alcohol are permitted on the field**
- **Greenbank FC, One NK staff and all their volunteers reserve the right to ask you to leave OneNK, if you're unable to abide by these rules**

Away Team Managers MUST:	Away Team Players MUST:	Away Team Parents / Carers MUST:
Not attend if displaying any Covid-19 symptoms	Not attend if displaying any Covid-19 symptoms	Not attend if displaying any Covid-19 symptoms
Have appropriate PPE in order to administer any First Aid whilst at OneNK. This should be: PPE - Mask, Gloves, Apron and Face shield Sanatising – Hand gel	All players MUST bring hand sanitiser	Sign players in with your manager after reading the screening document. If the player or anyone in the household has any of the symptoms they'll need to return home.

Away Team Managers MUST:	Away Team Players MUST:	Away Team Parents / Carers MUST:
<p>Ensure parents read the Covid-19 screening document before registering for the match and record this on the away register provided. Hand this when complete to the home team manager.</p> <p>Any person with symptoms of Covid 19 must not attend or take any part in the game.</p>	<p>Sanitise hands before and after matches as well as when coming off as sub and half time.</p>	<p>Sanitise hands prior to entering the field, after contact with another person or touching any equipment and when leaving the field.</p>
<p>Ensure that all players have their own hand sanitiser.</p>	<p>Maintain social distancing before, after and during any breaks in the game, as well as when walking around to the pitch.</p> <p>Including warm-ups and cool downs</p>	<p>Maintain social distancing throughout your time on the field and when walking around to and from the field.</p> <p>You may be asked to leave if you don't observe this whilst at One NK by a team manager, committee member, or One NK member of staff.</p>
<p>Ensure that parents / carers and spectators remain behind the away team barrier and don't have siblings running around the field.</p> <p>Home and away spectators should be separate and space out.</p>	<p>Avoid shouting when in a face to face situation</p>	<p>Stay in the assigned spectator area, which your team manger must make clear.</p> <p>Siblings CANNOT run around the field they must stay in the designated area.</p>
<p>Layout a space for players to stay in when off the pitch or before / after matches. They can't run off for a kick about.</p>	<p>If you need to cough or sneeze - use a tissue or upper sleeve and avoid touching your face.</p>	<p>Not retrieve the ball if it goes out of play, leave this for a player to do.</p>
<p>Ensure players and coaches sanitise hands at the following times:</p> <ul style="list-style-type: none"> - before matches start - coming off as substitute - half time - at the end of the match 	<p>DO NOT share kit, equipment, hand sanitiser, water bottles or any necessary medication (e.g. inhaler) with any other player and keep it in the teams designated area</p>	<p>Avoid shouting on the sidelines. Applause is very welcome.</p>
<p>Ensure social distancing is observed during warm-ups, afterwards and during breaks in the game.</p>	<p>Follow social distancing guidelines for goal celebrations</p>	<p>Bring participants fully dressed and prepared for the match, including a drink and bottle of hand sanitiser.</p>

Away Team Managers MUST:	Away Team Players MUST:	Away Team Parents / Carers MUST:
<p>Team talks must be done at a 2m social distance between players.</p> <p>No team huddles are permitted</p>	<p>Take all rubbish away from OneNK and dispose of safely.</p>	<p>Take all rubbish away and dispose of safely</p>
<p>Follow signage for entering and exiting the venue.</p>	<p>Follow signage when entering and exiting the venue.</p>	<p>Follow signage when entering and exiting the venue to ensure you go directly to your pitch and spectator area.</p>
<p>Ensure goal celebrations follow social distancing guidelines</p>	<p>Let the coach know straight away if you're feeling unwell.</p>	<p>ACCESS TO ALL AREAS OF THE SPORTS CENTRE IS NOT PERMITTED AT ANY TIME ON MATCH DAYS</p>
<p>Ensure all interactions with referees and match assistants follow social distancing</p>	<p>No spitting or splashing water on others.</p>	
<p>Ensure that all coaching staff and substitutes always follow social distancing guidelines.</p>	<p>ACCESS TO ALL AREAS OF THE SPORTS CENTRE IS NOT PERMITTED AT ANY TIME ON MATCH DAYS</p>	
<p>FIRST AID – Wear the appropriate PPE when attending to an injury</p> <p>Dispose of used PPE securely after use.</p>		
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